

BBQ4LIFE

930 S VISTA AVE. BOISE, ID 83705
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APPETIZERS

CHAMPION FRIES

OUR CRISPY FRIES TOPPED WITH OUR SIGNATURE MAC AND CHEESE, BBQ SAUCE AND PULLED PORK 10 ADD JALAPENO .50 ADD BACON 1.50

PULLED PORK NACHOS

OUR HOUSE MADE CHIPS TOPPED WITH SMOKED PORK, NACHO CHEESE, TOMATOES, GREEN ONIONS, JALAPENOS, BLACK OLIVES, SHREDDED CHEESE AND BBQ SAUCE. 16 SUB TRI TIP 2 EXTRA

VEGAN NACHOS

FRESH TORTILLA CHIPS WITH OUR HOUSE MADE VEGAN CHEESE, TOMATOES, GREEN ONIONS, BLACK OLIVES, JALAPEÑOS AND BBQ SAUCE. (CONTAINS NUTS) 16 ADD VEGAN CHILI 3.50 / ADD TEMPEH 4.00

BASKET OF FRIES

CRISPY AND FRIED TO PERFECTION 6

SALADS

DRESSINGS - RANCH, BBQ RANCH, BALSAMIC VINAIGRETTE, BLUE CHEESE, ITALIAN. SPICY CASHEW DRESSING 1 EXTRA

PULLED PORK SALAD

HOUSE SMOKED PULLED PORK, MIXED GREENS, GREEN ONIONS, TOMATOES, SHREDDED CHEESE AND CROUTONS 10

TEMPEH SALAD

MIXED GREENS, TOMATOES, GREEN ONION, FUJI APPLES, BLACK SESAME SEEDS AND SMOKED TEMPE, TOPPED WITH BBQ SAUCE 10.50

TRI TIP SALAD

HOUSE SMOKED TRI TIP, MIXED GREENS, GREEN ONIONS, TOMATOES, SHREDDED CHEESE AND CROUTONS, SERVED WITH BBQ RANCH DRESSING 14

SIDE SALAD

MIXED GREENS, SHREDDED CHEESE, GREEN ONIONS, TOMATOES, AND CROUTONS 5.50

SANDWICHES

ALL SANDWICHES ARE SERVED WITH YOUR CHOICE OF FRIES, MAC & CHEESE, SPICY CASHEW COLESLAW (VEGAN), OR POTATO SALAD (VEGAN).
SUB GLUTEN FREE BREAD 2.50.

CHEESEBURGER

100% HOUSE GROUND BEEF PATTIES SERVED ON A TOASTED BUN WITH BBQ SAUCE, AMERICAN CHEESE, GRILLED ONIONS, LETTUCE, TOMATOES AND PICKLES 14.50
ADD BACON 1.50

PASTRAMI SANDWICH

HOUSE CURED AND SMOKED PASTRAMI, SLICED THIN AND SERVED HOT WITH DIJON MUSTARD, GRILLED ONIONS, AND SWISS CHEESE ON A TOASTED ROLL 14.50

PULLED PORK SANDWICH

HOUSE SMOKED PULLED PORK SERVED ON A TOASTED ROLL WITH BBQ SAUCE 11.50

PULLED PORK CHEESEBURGER

100% HOUSE GROUND, SMOKED BEEF AND PULLED PORK SERVED ON A TOASTED ROLL WITH AMERICAN CHEESE, GRILLED ONION AND BBQ SAUCE 15.50

PEPPERJACK BRATWURST

100% HOUSE GROUND, STUFFED AND SMOKED SAUSAGE MADE WITH PORK AND BEEF, WITH GRILLED ONION AND DIJON SERVED ON A TOASTED ROLL 13.50

TRI TIP SANDWICH

HOUSE SEASONED SMOKED AND SLICED TRI TIP WITH BBQ SAUCE ON A TOASTED ROLL 17 UPGRADE TO PHILLY STYLE FOR 1.50

BIGFOOT ROLL

HOUSE SMOKED PORK WITH MAC & CHEESE SERVED ON A TOASTED ROLL WITH BBQ SAUCE 13.50

BROODWICH

THE NEXT LEVEL BIGFOOT SANDWICH! PULLED PORK, MAC & CHEESE, & BBQ SAUCE ON FRENCH TOAST TOPPED WITH MAPLE SYRUP & POWDERED SUGAR 15

1/2 PORK & 1/2 TRI TIP SANDWICH

THE BEST OF BOTH WORLDS ON ONE ROLL, OUR HOUSE SMOKED TRI TIP ON ONE SIDE AND SAVORY PULLED PORK ON THE OTHER SERVED WITH BBQ SAUCE ON A TOASTED BUN 16

BEVERAGES

SODA FLAVORS: COKE, DIET COKE, COKE ZERO, DR. PEPPER, SPRITE, 2.75
ICED TEA, SWEET TEA, HOT TEA, COFFEE, HOT APPLE CIDER, HOT CHOCOLATE, APPLE JUICE, ORANGE JUICE 2.75
HUCKLEBERRY LEMONADE, STRAWBERRY LEMONADE 3.25

**WE OFFER A VARIETY OF GLUTEN FREE OPTIONS, HOWEVER WE ARE NOT A GLUTEN-FREE RESTAURANT AND CANNOT ENSURE THAT CROSS CONTAMINATION WILL NEVER OCCUR. WE TRY TO MINIMIZE THE GLUTEN CONTACT, BUT THERE IS A GREAT DEAL OF GLUTEN IN THE AIR AND ON OUR WORK SURFACES 18% GRATUITY FOR GROUPS OF 8 OR MORE *CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.

VEGAN SANDWICHES

ALL SANDWICHES ARE SERVED WITH YOUR CHOICE OF FRIES, SPICY CASHEW COLESLAW (VEGAN), RED POTATO SALAD (VEGAN). SUB GLUTEN FREE BREAD 2.50 *CONTAINS EGG WHITES

SMOKED TEMPEH SANDWICH

TEMPEH PATTY SEASONED, SMOKED AND SLICED TO ORDER WITH SPICY CASHEW COLESLAW, BBQ SAUCE ON A TOASTED ROLL 13

GREENS AND BEANS BURGER

MADE WITH AN ASSORTMENT OF FRESH VEGGIES AND BEANS THIS PATTY IS FRIED AND SERVED WITH VEGAN MAYO, LETTUCE, TOMATOES, PICKLES AND ONIONS ON A TOASTED BUN 13

VEGALOAF SANDWICH

OUR HOUSE SMOKED TEMPEH SLICED TOPPED WITH VEGAN RED POTATO SALAD & BBQ SAUCE ON THICK SLICED TEXAS TOAST 13.50

VEGAN-FOOT SANDWICH

HOUSE SEASONED SMOKED AND SLICED TEMPEH TOPPED WITH VEGAN MAC AND CHEESE AND BBQ SAUCE ON THICK SLICED TEXAS TOAST 14.50

MUSHROOM MOZZARELLA BURGER

OUR HOUSE MADE GREENS AND BEANS PATTY TOPPED WITH SAUTEED MUSHROOMS, ONIONS, VEGAN MOZZARELLA CHEESE, LETTUCE, TOMATO AND PICKLES WITH VEGAN MAYO ON A TOASTED BUN 14

SIDES

MAC AND CHEESE 5 *

SPICY CASHEW COLESLAW (VEGAN) 5

RED POTATO SALAD (VEGAN) 5

VEGAN / GF MAC AND CHEESE 5.50

VEGAN BLACK BEAN CHILI CUP 5

VEGAN BLACK BEAN CHILI BOWL 6

ASK ABOUT OUR COCKTAIL MENU!

PROTEINS

SERVED WITH YOUR CHOICE OF FRIES, MAC & CHEESE, SPICY CASHEW-COLESLAW (VEGAN), RED POTATO SALAD (VEGAN). SUB GLUTEN FREE BREAD 2.50.

2 MEAT PLATE CHOICE OF ONE SIDE 18

CHOOSE 2 OF THE FOLLOWING MEATS

1/4 LB PULLED PORK

1 PEPPERJACK BRATWURST LINK

1/4 LB PASTRAMI

1/4 LB TRI TIP

3 RIBS

HALF RACK PLATE 18

HALF RACK OF HOUSE SMOKED RIBS WITH CHOICE OF ONE SIDE

FULL RACK PLATE 35

FULL RACK OF HOUSE SMOKED RIBS WITH CHOICE OF TWO SIDE

INDIVIDUAL

1/4 LB PULLED PORK 6

1 PEPPERJACK BRATWURST 7

1/4 LB PASTRAMI 7

1/4 LB TRI TIP 8

TEMPEH 6

DESSERTS

TRADITIONAL BREAD PUDDING 6.50

ADD SCOOP OF ICE CREAM 2 OR VEGAN ICE CREAM 2.50

SEASONAL VEGAN BREAD PUDDING 7.00

ADD SCOOP OF ICE CREAM 2 OR VEGAN ICE CREAM 2.50

VEGAN GLUTEN FREE DESSERT OPTION 7.00

VEGAN CHOCOLATE CAKE

CHOCOLATEY, MOIST AND DELICIOUS CAKE TOPPED WITH A DRIZZLE OF CHOCOLATE SYRUP AND DARK CHOCOLATE SPRINKLES. 7.00

ADD SCOOP OF ICE CREAM 2 OR VEGAN ICE CREAM 2.50

SINGLE SCOOP ICE CREAM 3.75

SINGLE SCOOP VEGAN ICE CREAM 4

16 OZ. MILKSHAKE

MADE FRESH TO ORDER USING YOUR CHOICE OF CHOCOLATE OR VANILLA.

ADD CHOCOLATE OR CARAMEL FOR FUN AT NO CHARGE. 7.50

ADD BUTTERFINGER, REESE'S PEANUT BUTTER CUP OR OREOS FOR .50

16 OZ. VEGAN MILKSHAKE

MADE FRESH TO ORDER USING GLUTEN FREE VANILLA. ADD CHOCOLATE OR

HOUSEMADE VEGAN CARAMEL FOR FUN AT NO CHARGE. 8.00 ADD OREO

FOR .50